

October 27, 1997
1668 Trumansburg Rd.
Ithaca, NY 14850-9213

Susan Heagney
Rochester Psychiatric Center
Regional Forensic Unit
1111 Elmwood Ave.
Rochester, NY 14620-3005

Dear Ms. Heagney,

Here are the notes from Dr. Matusiewicz and Ellen Stotz, along with some journal articles on Geschwind Syndrome and an extensive collection of personal material which helps establish my diagnosis as Temporal Lobe Epilepsy with a seizure focus on the left side (my writing and songwriting amply document relevant symptoms including hypergraphia, anger, chronic mild paranoia, and intense philosophical/religious pre-occupation—including revelatory religious states). The source code for dataComet is the ultimate proof of hypergraphia; it's copyrighted and contains trade secrets proprietary to databeast, Inc. and Cornell University, so I can't share it. I intend to bring along a copy to at least one interview to give you some idea of the size and complexity of the code.

In my opinion the instant offense occurred during a classic attack of schizophreniform post-ictal psychosis (cf. Slater et. al. "The schizophrenia-like psychoses of epilepsy", Br. J. Psychiatry, 1963;109:95-150) following seizures prompted by extreme stress, use of psychotropic medications as prescribed (Prozac and Trazodone), and abstention from self-medication using cannabis (an effective anti-convulsant medication; note that withdrawal from legal anti-convulsants can also induce seizures). During the four months over which I completely abstained from cannabis while on Prozac (2/97 - 5/97) I had my first experience of disabling hypomania (including flight of ideas and intense suicidal preoccupation), indicating that delirium due to serotonin syndrome may also have been a factor in my behavior on 2/6/97.

My stress and tendency to paranoia was of course dramatically intensified due to these truths, which I know as a certainty and from which I will not budge: that

- 1) I was DWI 12/22/96 only because I was given a spiked drink,
- 2) Sgt. Curatolo nearly rear-ended me in order to provoke me to speed
(see the transcript of his testimony, which strongly supports my position),

- 3) There was no sexual or other assault on Susan Hamann 12/29/96, rather I had good grounds to believe our activities were consensual, and
- 4) I never threatened to do physical harm of any sort to Sgt. Curatolo.

The police were indeed following me around on the evening of 2/6/97, for reasons I could not comprehend except as part of a (non-existent) "larger plot", since I was unaware that the Ithaca Police Department had issued a alert (12/30/96) claiming I had made a "threat against a police officer" in which I supposedly vowed "to kill Sgt. Curatolo at the earliest opportunity." I was not allowed to legally communicate in any way with Susan Hamann due to an Order of Protection from that date, which was issued pursuant to Susan's false claims (PTSD strikes again!), so I could not correct my delusional misapprehensions regarding her possible relationship to Clarice Starling ("Silence of the Lambs", Thomas Harris) without committing a Class F felony.

Indeed, since I had no countervailing sources of data, was not allowed to contact Susan, and had been cut off from therapeutic counselling, my beliefs at that time cannot even be described as truly "delusional"; I could have been stopped at any point along my course with the "stroke of a feather": you'll note that I have been invariably described as "cooperative" by the police, and that indeed this was held against me as evidence that I was "rational" by legal standards and possessed the criminal _mens rea_ at the time of the arson.

The irony is that the arson occurred only as a result of an incredible string of coincidences, beginning with my first reading of Silence of the Lambs on 2/3/97, building to the point at which I experienced congruent auditory hallucinations beginning midnight 2/6/97, and culminating in the (real) presence of a three foot tall three-fingered left hand in Susan's trailer across from a can of inflammable material neatly set on the floor, resting on mirrors, below three hat-racks with summer hats set on their tops, a tableaux which is chilling if you consider its relationship to the 5-fingered Hannibal Lecter and the "tableaux" which are a prominent theme in the Silence of the Lambs. You cannot comprehend the fear I felt without reading the book, in which Susan's character and characteristics nicely fit the character of Clarice Starling (to the extent of having actually used the key image of Clarice self-referentially without referring to it as a source—Clarice as crow, distracted by shiny things without value), and accepting that I *really* believed at the time that Hannibal Lecter actually existed and had threatened to unleash biotoxins based on anthrax, and possessed a clear and deep understanding of the horrifying ramifications which would ensue if such a threat were carried out.

I later figured out that Hannibal Lecter was, indeed, so convincing because he was based in large part on a real doctor, fortunately a humanitarian: Dr. John Money, forensic sexologist and pediatric neuroendocrinologist. I've also been able to speak with Susan since the Order of Protection expired at the end of June, and I believe her disavowal of any connection whatsoever with either the book or with the FBI (she put it this way: "No... I always wanted to work for the CIA, though!" Evidently her

quotation was unconscious, since she had been given the book but did not recall reading it).

Please note that I reject all diagnoses that claim I suffer from Bipolar I Disorder, Borderline Personality Disorder, current Alcohol Abuse, and Cannabis Dependence. I believe my chronic light use of cannabis (preferring .25-.5 gm/day of "commercial" sativa, relatively low in psychoactive THC content and relatively high in non-psychoactive anti-convulsant CBD content) has been an appropriate and medically justifiable (if largely unwitting) means of coping with the unpleasant psychological and physical symptoms I suffer, which include not only the symptoms of TLE but also symptoms associated with MS or polyneuropathy (most remarkably the progressive distal and occipital parasthesia and accompanying confusional states which practically disabled me early in January 1997).

Also, contrary to claims that I "reject the frame of self-medication" (Amari Meader) and reject scientific research on cannabis as "all govt-political" (Fran Markover), I have consistently maintained to my therapists from my first session with Dr. Matusiewicz that I am self-medicating, and that the preponderance of scientific research and reputable medical opinion supports the claim that chronic cannabis use is less harmful to human health than use of tobacco, alcohol, or benzodiazepines, while having notable therapeutic benefits. Current authoritative support for this position includes the British Medical Association, the American Public Health Association, the National Association of Addictions Nurses, and the editorial boards of Lancet, JAMA, and the NEJM, along with reporting committees established by the NIH and the AMA.

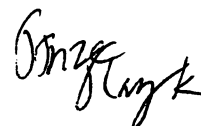
Sorry about getting this out a little late, and the volume of the material involved, but I'd like the record to be complete, and proof of hypergraphia must by definition be abundant!

Thanks,

Sincerely,



Kevin Eric Saunders a/k/a bonze blayk



CONTENTS:

- 1) Notes by Anna Matusiewicz, M.D.
- 2) Notes by Ellen Stotz, M.S.W.
- 3) Material regarding diagnosis of TLE on the basis of inter-ictal

personality disorders and medicinal applications of cannabis relevant to the condition.

- 4) Materials pertinent to the arson offense (including excerpts from Sgt. Curatolo's testimony under oath and analysis of Silence of the Lambs gathered from the WWW 2/5/97).
- 5) KES/bb CV and documents regarding self diagnosis.
- 7) KES/bb letters and articles (documenting hypergraphia with heavily philosophical content).
- 7) KES/bb musical materials:
 - a) Lyrics (moralistic philosophizing in a poetic context).
 - b) "Auld l'Anxiety" tape (which also establishes my competence with audio technologies, relevant to my accepting the "radio messages" as technically feasible communications).
 - c) Live videotape, including a performance of "Burnin' for You" from 1995 (also documenting my "peculiar", "affected" patterns of speech outside therapeutic contexts).
- 8) Photographs (please cf. the family portrait with Susan every time you note a reference to Clarice Starling's physical appearance in Silence of the Lambs—particularly her hair!).

PS: I noticed I had placed ' \leftarrow ' notations in Dr. Matysiewicz's ~~his~~ notes—all of these are mine alone!

EMPLOYEE ASSISTANCE PROGRAM
INTAKE

To: Ellen
CIT Network

Employer* _____

Name of Caller Kevin Saunders
Home (mailing) Address 721 W. Court St
Itasca N.Y.

Incoming Date 1/23/92

Time of Call: 4:35

Call taken by: ME

Work Phone # _____
(_____)

When available

Name of Employee if other than Caller: _____

Home Phone # 273-6552

(_____)

When available

Have you ever been to EAP before? Yes No

* IF CORNELL: WAS EMPLOYEE ON CURRENT EAP-ELIGIBILITY LIST?

YES, is eligible CIT
Administrative Unit

NO, is NOT on eligibility list WHY NOT? _____

Other information given: confidentiality issues/sense of urgency/presenting problem:

*Management referred him
He's not allowed to come in to work*

*(ES, THERE WAS TALK OF MAKING THIS
CONDITION-OF-EMPLOYMENT but we haven't
gotten formal notice)*

Date/Time Therapist Call to Client	Outcome
<u>1/24/92 10am</u>	<u>no ans.</u>
<u>1/24/92 1pm</u>	<u>line busy</u>
<u>1/24/92 2pm.</u>	_____
_____	_____
_____	_____
_____	_____

Letter Sent: _____

1-29-92 Intake - 3 wk. leave w pay & see E.O.P. Conflict over pay equity. He finds environment there very unfriendly, hasn't gotten promised promotions & pay raises. Feels he has messed up because he irritates people (by disagreeing w them). Recently raised from 28 → 34, & allowed to work 1/2 time. Person brought in to wk. w him on project was someone no one wanted. Ask people to send in kudos for him.

When negotiating w C.U. abt his work, didn't sleep well, but a good anty high.

Sent messages via electronic mail that admin. saw as threats.

2-5-92 Indiv. sees no future at C.U., but wants to complete this current project.

PROGRESS NOTES

PLEASE include the following: 1) Date; 2) Type of contact, e.g., appointment, walk-in, telephone, no-show; 3) If appointment, note all persons present; and focus of discussion; 4) Your initials or signature.

- | | Date | | Signature |
|---|---------|--|-----------|
| 1 | 1/29/92 | Indiv. Assessment. Did not identify pp. Client attended this session because C.U. requested he do so. Very cooperative. Told story in great detail. Started genogram. Will continue that w/ more h.c. & will start "genogram" of workplace. | ES |
| 2 | 2.5.91 | Indiv. sees no future at C.U. but wants to finish curr. proj. Got "life story" - extensive fam. h.c., developed genogram. See 2/11 | ES |
| | 2.11.91 | Cancelled by client, has to care for child. Rescheduled for 2/20. | ES |
| 3 | 2.20.92 | Indiv. Mother as authority linked it to situation at the workplace. Does not see messages to on computer as threatening. Denies he would "over" damage the network.
• next-eval. how stress of this affects Kevin and family. | |
| 4 | 2.27.92 | Indiv. Kevin clear that he would not sabotage dep. by virus or worms. Against moral standard. Frustrated at being suspected, not be rewarded for his work.
Go back to how mgt. has reacted to his work, his suggestions etc. | |
| 5 | 3/6/92 | Indiv. Kevin seemed very tense. Able to speak abt his anger at the ineffectual way dept. & especially his leave has been handled. Aware he is valuable & maybe able to find another position at C.U. Gives no indication of wish to sabotage in anyway. Links his ability to handle this be political to way he learned to deal w/ mother. More of this next time. | |
| 6 | 3/16/92 | Call from Kevin upset over letter from D. Lambert. | ES |
| | 3/18/92 | Indiv. Used hour to agree upon reply asked from me by Kevin's supervisors. Will have L.M. ES approve in rough draft form; & will return on 3/30 to sign release & approve of my letter. | |
| 7 | 3/30 | Kevin in. Read & approved the letter. Copies to be sent to David Lambert, Regina Wharton, Stuart Lynn and to Kevin at his home with 1 more appt | |

Kevin at AT

5/28/92 Indiv. New boss more + for Kevin. Major ques that of his resilience - he asserts it is stubbornness. EJ
Did he learn this in his w/ Mother? Reaction to verbal abuse. Card from Mike fully picked by Mom.
"I want Mom to accept me." Realized he had internalized Mother-voice "I am stupid - an idiot." Kevin & Mom have permeable boundary (tells her at sup.). Mom's "over-planning" as obsession, provides safety - view of "perf. family." Trained to "go along" (w/ Mike w/ Mom's plans) by Mom.
Imptce. to him in wkng on communication.
Discuss # of mts & termination (referral =) at next mtg 6/11/92. Solid connection betw being used by mother, brother & being used in prev. workplace situation.

6/11/92 Indiv. summed up to close - EJ
at AT - Give him referrals: Jimmy Slatooff, Bunny
McCune, Pastoral Counseling.

CASE

I. Presenting Problem

Client placed on leave by C.U. after behaviors which were perceived as threatening.

Data Documenting Problem: (Include information from supervisor with required referrals)

- 1.
- 2.
- 3.

ASSESSMENT

A. Mental/Systems Status Slight, quite slender man, long dk hair. Casual, approx dressed. Articulate but speech has slight, "er" stuttering sound at ends of phrases. Angry, feels underpaid, undervalued at work. Oriented x 3. Speaks clearly & coherently. No suic. ideation. No depressive features

B. Treatment Plan:

- Continue assessment*
Kevin will
- explore his feelings about authority
 - look into precedents in his personal life
" " " " " F.O.O.
 - strategize about & seek other behavioral options when he feels stressed / angry / reactive.
 - develop a proactive program for career development

Disposition of Case:

Referred to:
Jeremy Slatoff, Bunny McCune, Pastoral Couns.

Assessment completed; no referral needed and/or desired by client

Client terminated before assessment completed

BRIEF CLOSING SUMMARY:

Kevin was a willing and motivated client. He participated appropriately in eleven counseling sessions. He was able to make signif. progress toward objectives listed above.
K. wished to continue the process was referred to private sector and/or Pastoral Counseling.